



NATURE EDUTAINMENT

Saturday ~ August 8th ~ 10:00 am – 4:00 pm *

THE SECRETS OF TREES; a PEAK EXPERIENCE

“Sometimes trees tell you more than you can read in books.”

-C. Jung

Blending his skills as a naturalist, “edutainer” and ecotherapist, Rich Silver introduces you to the amazing world of Sierra trees and their forest community. As we leisurely meander to the top of a local peak you will hear tree stories and take home green living tips along with remedies to reduce stress and awaken the soul. Lunch & transportation to site included \$29

Saturday ~ August 15th ~ 10:00 am – 4:00 pm *

CONVERSATIONS WITH NATURE

“Anything will speak to you if you love it enough.”

-Dr. George Washington Carver

From the earliest indigenous cultures, to nature mystics like St. Francis of Assisi, to prominent American scientists such as Luther Burbank and George Washington Carver, there have always been those who could communicate across species boundaries. Join Ecopsychologist Rich Silver in exploring the question, “Where have all the voices gone?” Lunch & transportation to nature site included \$49.

Saturday ~ August 22nd ~ 10:00 am – 4:00 pm *

HEALING THE HEART THROUGH THE HEART OF NATURE

“Your heart was meant to break; its purpose is to burst open again and again, so that it can hold ever more wonders.”

-The Return of the Mother

“The heart has reason that reason knows not of.” so 17th century philosopher Pascal told us. Science has now discovered that the heart has its own little brain. In this fascinating day in nature join naturalist and ecopsychologist Rich Silver as we explore the powers of the human heart and the sense of healing and wholeness that we can experience when our heart resonates with the heart of Nature. Lunch & transportation to nature site included \$49.

Saturday ~ August 29th ~ 10:00 am – 4:00 pm *

COMING TO OUR SENSES COMING BACK TO LIFE

“And forget not that the Earth delights to feel your bare feet and the winds long to play with your hair.”

-Kahlil Gibran

As Maria Montessori told us, it is through our five senses that we feel alive and come to know the world. But what if we had many more senses? How much more alive would we feel, how much more might we know? Research suggests there are more than 50 biological senses. Join Ecotherapist Rich Silver as you experience the benefits of the ecotherapies through the five senses and more. Lunch & transportation to nature site included \$49.

***All Courses meet at Truckee Bagel ~ 11448 Deerfield Drive (Past McDonald's)**

**Preregistration required / For more information / Spaces are limited
WWW.UofEarth.org / info@UofEarth.org / 530 368-6325**